

Key informations

This guide was developed by a **consortium** of researchers, trainers, psychologists and volunteers from 5 different countries, all involved in the **training and support of migrants** people.

It is composed of :

4 chapters divided into **3 categories**: Concepts, Tools, Attitudes, to better understand the specificities of the target public and to adopt an adapted professional posture.

3 pedagogical modules: Revisiting one's migratory journey, Recognising diversity, Realising a collective project

This **guide** can be **downloaded** from this link :

<http://www.supportme.insup.org/>

A **pedagogical method** to identify and value transversal skills will be released in **July 2022**

Partners



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Practical guide for trainers/volunteers to train non-EU migrants





Chapter 1



KNOWLEDGE OF MIGRATORY PHENOMENA DATA

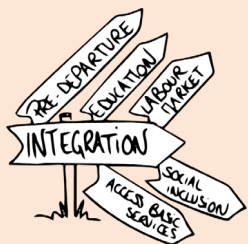
CONCEPTS

- Migration causes
- Mediterranean routes
- Legal Framework



TOOLS

- Europe directives
- Countries situation



Chapter 3

ADDRESSING THE MIGRATORY JOURNEY

CONCEPTS

- Trauma
- Vulnerability
- Resilience
- Life path



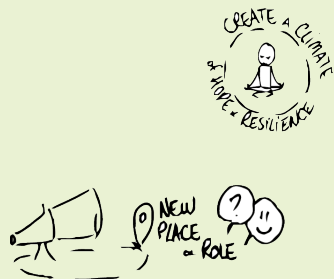
TOOLS

- Main signs of trauma
- Traumatic experiences
- Positive assumptions



ATTITUDES

- Interaction
- Building resilience
- Ethical behaviour



Chapter 2



MANAGING THE CULTURAL DIVERSITY OF THE GROUP

CONCEPTS

- Identity - diversity
- Proxemics
- Cultural shock
- Intercultural conflict



TOOLS

- The verbal / non-verbal channel
- Identifying conflicts.
- Critical incident method
- Mediation



ATTITUDES

- Proxemic attitudes
- Be aware of cultural differences
- Openness to other cultures



Chapter 4

MANAGING WELLNESS ELEMENTS

CONCEPTS

- Empathy
- Taboos
- Emotional intelligence



TOOLS

- Peer support
- Lego serious play.
- Stakeholder Mapping



ATTITUDES

- Honesty
- Respect
- Networking

